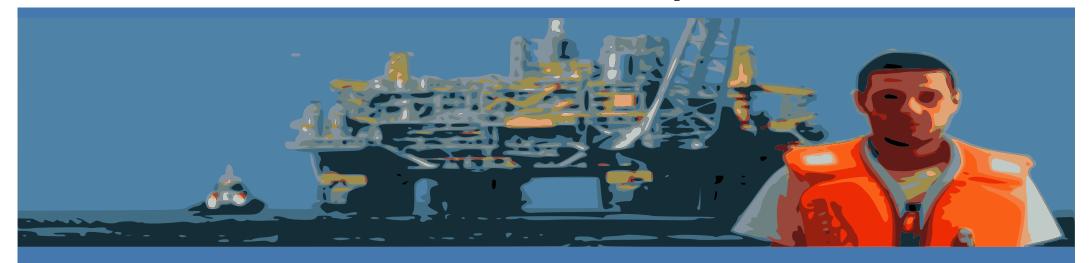




# The Qualitas Golden Rules of Safety



Safety is a legitimate personal expectation and a constant individual responsibility. Safety of everyone depends on the joint commitment of each individual and the organization to the highest standards of care all times in all circumstances.

### permit to work

#### The Golden Rule says:

Before conducting work that involves confined space entry, work on energy systems, working offshore, working in streams, working at heights or in potentially explosive environments, a permit must be obtained that:

Defines **scope** of work

Identifies hazards and assesses risk

Establishes control measures to **eliminate or mitigate hazards** 

**Links** the work to other associated work permits or simultaneous operations

Is **authorized** by the competent organization and the person(s) in charge

Communicates above information to  $\mbox{\it all involved}$  in the work

Ensures adequate control over the  $\ensuremath{\text{\textbf{return to normal}}}$   $\ensuremath{\text{\textbf{operations}}}$ 

### energy isolation

#### The Golden Rule Says:

Any works related or close to live electrical installations or storage of energy cannot proceed unless:

The works are agreed and executed by a **competent person(s)** 

Full technical documentation is available

Any stored energy is discharged

A system of locks and tags is utilized as isolation points

A test is conducted to ensure the isolation is effective

Isolation effectiveness is **periodically monitored** 

Works on electrical installations **exceeding 400V or 63A** to be done by minimum **2 persons with electrical safety training** 

### working offshore

#### The Golden Rule Says:

When working in vessels, air transport such as helicopters, coastal and offshore facilities it should be token into account:

The person(s) involved should be aware of **emergency plan** of the facilities and transportation their work will be related to

The person(s) involved need to make sure their **HSE training** is **adequate** to the requirements of the works

The person(s) involved must use the adequate **PPE** 

The person(s) involved have received a site specific **safety briefing** by the person in charge of HSE for the transport or at the facility

### working in streams

#### The Golden Rule Says:

Working in rivers and its banks, bridges, reservoirs, dams, lakes and canals cannot proceed unless:

All person(s) involved are **competent** to do the work

The **number of persons** is right to do the work

All persons involved are equipped with appropiate PPE

A site **specific analysis of safety at work** has been done that includes information on the access to the site, observations of the stream characteristics such as velocities and depths and an exit plan from the floodplain

### working at **heights**

#### The Golden Rule Says:

Working at heights of 2 meters or higher above the ground cannot proceed unless:

A fixed platform is used with **guard** or **hand rails**, verified by a competent person, or...

Fall arrest equipment is used (proper anchor, full body harness, synthetic fibre lanyard and shock absorber)

Fall arrest equipment will limit free fall to 2 meters or less

A visual **inspection of the fall arrest** equipment and system is completed and any equipment that is damaged or has been activated is taken out of service

Person(s) are **competent** to perform the work

## working indoors/outdoors

#### The Golden Rule Says:

To have a healthy and safe working environment you must make sure there is:

A reasonable working temperature or you are equipped with the right **clothes** according to existing and expected weather conditions

Note the firmness of the ground and consider the risk of slipping equipping allways **appropiate footwear** 

Suitable **lighting** for the work carried out

Enough room space, good ventilation, suitable workstations and seating

Passages, floors, stairs, ladders and traffic routes are **free from obstacles** 

# driving safety

#### The Golden Rule Says:

All categories of vehicle, including self-propelled mobile plant and boats, must not be operated unless:

Vehicle is fit for purpose, inspected and confirmed to be in  ${\bf safe}\ {\bf working}\ {\bf order}$ 

 $\begin{tabular}{ll} \textbf{Number of passengers} & does not exceed the manufacturer's design specification for the vehicle \\ \end{tabular}$ 

 $\textbf{Loads}\,$  are secure and do not exceed the manufacturer's design specifications or legal limits for the vehicle

If applicable, all the  $\textbf{seat belts}\ \text{must}$  be installed and worm by all occupants

**Safety helmets** are worm by riders and passengers of motorcycles, bicycles, quads, snow-mobiles and similar types of vehicle

The driver is  ${\it capable}$  and  ${\it licensed}$  to operate devehicle and is not under the influence of any  ${\it drug}$  or  ${\it fatigue}$  avoiding the use of mobile phone

# management of change

#### The Golden Rule Says:

Work arising form termporary and permanent changes to organization, personnel, system, process, procedures, equipment, products, materials or substances, and laws and regulations cannot proceed unless a management of change process is completed, where aplicable, to include:

A  $\ensuremath{\textit{risk}}$  assessment conducted by all impacted by the change

Development of a **work plan** that clearly specifies the timescale for the change and any control measures to be implemented regarding:

a) Equipment, facilities and process

b) Operations, maintenance and inspection procedures

c) Training, personnel and communication

d) Documentation

Authorization of the work plan by the responsible person(s) through completion